

"Thorough, thoughtful, and immensely practical!"

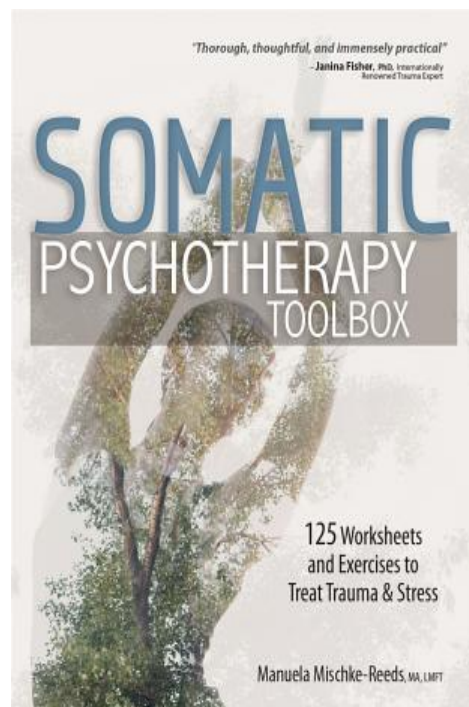
*—Janina Fisher, PhD, Internationally
Renowned Trauma Expert*

SOMATIC PSYCHOTHERAPY TOOLBOX

**125 Worksheets
and Exercises to
Treat Trauma & Stress**

Manuela Mischke-Reeds, MA, LMFT

* Somatic Psychotherapy Toolbox: 125 Worksheets and Exercises to Treat Trauma & Stress *



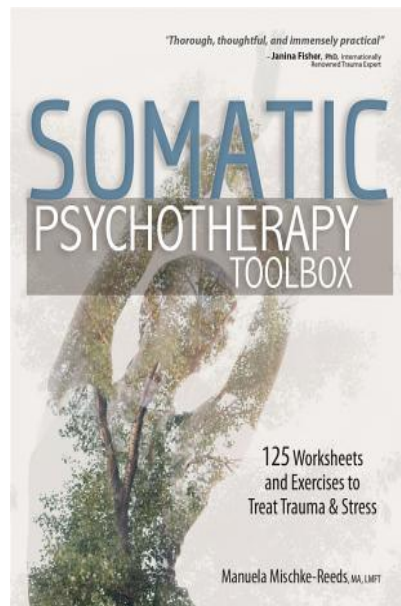
Books Details

Author : Manuela Mischke-Reeds Pages : 262 pages Publisher : Pesi
Publishing Language : eng ISBN-10 : 1683731352 ISBN-13 :
9781683731351

Books Descriptions



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